



# Annual Report 2020

## Association Pas à Pas/ Step by Step/ Step by Step

2020- not an easy year- the world has changed and still we managed to start an association. What seemed easy at the beginning, took more than we thought- to convince people to join, to write statutes, to hold a foundation meeting, to open a bank account, to apply for tax exemption, to create a website, to write 'begging emails', to create online payment options, to have logos designed (big thanks to Tara Luty) and all this at as little cost as possible... Despite all this, we have made it and our first project, the treatment of children with club feet, can be continued in 2021 with a lot of motivation and good will. We thank you from the bottom of our hearts for this support.

The consequences of untreated clubfeet are lifelong pain and a physical disability that makes education or the ability to work very difficult. Our physiotherapy colleagues at the Cape Coast Teaching Hospital in Ghana are well trained, organised and very motivated.

In 2020, 22 girls and 13 boys were treated with plaster casts and splints, and a volunteer was hired whose expenses are now covered. The treatment room could finally be renovated and freshened up to make it child-friendly.

The idea of creating internships for Swiss physiotherapy students is currently not being pursued due to Corona. The aim of this project would be the exchange and promotion of mutual understanding, which would of course be self-supporting and not depend on donations.

In the future, we would like to train physiotherapists in other areas/ hospitals in Ghana so that they can also treat clubfeet. We already have ideas and initial contacts, but we still need to do a lot more fundraising. We have ideas for promoting our work, but these are currently limited by Corona.

### **Donation summary 2020**

Donations from friends, acquaintances and family: CHF 11'816

Donations from the catholic parish of Wildhaus: CHF 2'500

Total donations 2020 CHF 14'316

We transferred CHF6'997 to the project in Ghana and had transfer costs of CHF65.70. Thus we had CHF7'253.50 on the association's account as of 31.12.2020, which secures our support for the Klumpfüsschen Clinic for 2021.

Verein Pas à Pas/ Step by Step/ Schritt für Schritt, Kirchgasse 5, 8716 Schmerikon, Switzerland

<https://pasbystep.wixsite.com/mysite>

The administrative costs such as postage for the donation confirmations, small gifts from Ghana and the costs of the website were minimal and were borne by the board this year.

In order to be able to continue, we are of course still dependent on your generous donations and hope that you will continue to support us in 2021.

If any of you would like to join us on the board or have ideas for further projects, fundraising etc., please contact me, Debby or Anita.

For the annual report

Anny Luty

President of the association

Ein paar Eindrücke von der Clubfoot Clinic in Cape Coast Ghana (das Logo wurde ebenfalls von Tara Luty als Spende kreiert.)



*David Ampofo – one of the physiotherapists who works at the clubfoot clinic*



*The new treatment plinth with plaster of paris*



*Splints, which are applied after the plaster treatment. Some of the splints were made by a local shoemaker from leather, wood and metal according to David's instructions. Others can be ordered cheaply in bulk.*



*New Entrance sign*



*The volunteer at a meeting. His job is to support the children's parents and make sure they bring their children back to the consultation. He explains to them the importance of regular fitting of the plaster and splints. He does this by phone or visits the families at home. His expenses are covered by us.*



*Impressions of the old treatment room, which was in a terrible state and not very child-friendly - we paid the expenses for the 'makeover'.*



*Tiled floor - easier to maintain in a hot and humid climate*



*Wall decorations for professional and children's needs- Disney is also omnipresent in Africa...*

