

# Annual Report 2025

Verein Pas à Pas/ Step by Step/  
Schritt für Schritt



August 2026

## Clubfoot Clinic

Our project in Ghana is growing, and thanks to your donations, we were able to support it again in 2025. A total of 1,342 treatments were recorded, representing an increase of over 12 per cent. In total, 141 young patients were treated for clubfoot (compared with 124 the previous year). Of these, 79 were new cases and 24 cases were fully resolved. The full annual report from the Clubfoot Clinic can be found on our website.



*Surgeons had to surgically sever the Achilles tendon 62 times when conservative treatment proved insufficient.*

From the initial consultation through to the completion of treatment using the Ponseti method, including any necessary tendon surgery, we estimate the cost to be around 200–320 CHF per child. Treatment is usually completed after four years. This means that around 50–80 CHF per child is required per year. This varies depending on the exchange rate.



## Special Project

We have decided to continue supporting Jacklynn, a girl with cerebral palsy (CP). We have contacted every possible local organisation that might be able to support children with CP, but unfortunately most of them are no longer active. It is also almost impossible to receive support from the state.



We are currently organising a new wheelchair for Jacklynn. We have built a wooden stall for her mother so that she can run a small shop near their home. We are working to ensure that her mother can cover her own living costs.

**We are still looking for regular donors** for Jacklynn, as we need to cover the costs of transport to school and the salary of a carer at school who also changes her nappies. We estimate this will cost around 1,000 GHC (70–80 CHF) per month. The rent for the modest flat also needs to be paid every two years.



## Donations Overview 2025

Donations from friends, acquaintances and family, organisations and companies:

|                      |           |
|----------------------|-----------|
| Total donations 2025 | CHF 23441 |
|----------------------|-----------|

We have transferred 14,640 CHF to the project in Ghana (Clubfoot Clinic CCTH) and 4,990 CHF to special projects. These special projects are individual cases that regularly require additional support and are funded through sponsorships. David's attendance at the conference in Tokyo (including flights, accommodation, etc.) cost around 4,000 CHF and was sponsored directly by individuals.

In 2025, the majority of our donations were again spent on plaster, specialised cotton wool, splints and orthopaedic shoes. All materials are purchased in bulk to secure a good price. The volunteer's expenses (approx. 400 CHF per year) are also funded by your donations.

In 2025, administrative costs amounted to CHF 490, which, as always, were covered by the Executive Committee.

As at 31 December 2025, we had CHF 13,327.40 in the association's account, so the support for the Clubfoot Clinic for 2026 is secured.

We still transfer the money via Western Union, which means the transfer fees amounted to just 99 CHF for all transfers. These transfer fees are also covered by the Executive Committee.

Of course, the Executive Committee continues to work on a voluntary basis.

For the annual report

Anny Luty  
Club President



When donating by bank transfer, every franc donated goes directly to the projects. However, you can also simply scan the Twint code to make a donation more easily.

**Donate now via  
TWINT!**



Scan the QR-code  
with the TWINT app



Confirm the amount  
and donation



**IBAN: CH35 8080 8005 3537 0786 4**  
(BIC SWIFT: RAIFCH22C87)

**Many thanks to everyone who has  
already donated!**

## International Exchange

In 2025, the World Physiotherapy Congress took place in Japan. Physiotherapists from all over the world came together for a few days to present the latest research findings, make new contacts and exchange ideas. David Ampofo, who heads the team at the Clubfoot Clinic in Ghana, had submitted a poster presentation on the successes of our collaboration. Unfortunately, it was not accepted – there were hundreds of presentations. However, thanks to direct private donations, David was able to attend the congress. He was thus able to make many useful contacts, particularly with other physiotherapists from Africa, and exchange ideas.



*David (left) with fellow physiotherapists from various African countries*

On his way back from Tokyo (there are no direct flights from Ghana to Japan), David visited Switzerland. He was able to thank the generous sponsors in person (you know who you are :-)) and also meet Debby, our treasurer. He also visited a regional hospital and some physiotherapy practices. It was a wonderful experience for David to travel outside Africa for the first time and to fly for the first time. Despite the cold weather we unfortunately had during those days, he found Switzerland fascinating and beautiful.

## Our Team in Switzerland

Anita, Debby and Anny are delighted that two physiotherapy students, in the final year of their training, are joining our board! Kajoina and Jara will be managing the website and social media, and will bring a breath of fresh air and new energy to our club.



*Jara (left) and Kajoina (right), our new board members*

We'd also like to do more active fundraising. This naturally takes time and energy. We're always grateful for ideas and support!

We're also considering how we might, in future, enable Swiss physiotherapists to spend time in Ghana to get to know a different side of our profession.



*David with Anny and Debby in Switzerland*



## Impressions from the Clubfoot Clinic

The Ponseti method is the global gold standard (also taught by the International Committee of the Red Cross (ICRC)) for the gentle, non-surgical treatment of congenital clubfoot in infants. It involves weekly plaster cast changes, a minor tendon procedure, special splints and, in some cases, orthopaedic shoes to achieve a permanent correction.



*David, Charlotte (left) and Barbara (right) applying plaster casts*



*Plaster casts are removed by hand using a knife, because the babies are frightened by the noise of the plaster saw*

We believe it is important to invest in areas where we can work directly with local professionals and build strong, hands-on relationships with them.



*Two young patients who have been treated successfully*



*Maxwell removing a plaster cast*

Follow us on Instagram @ [pasbystep](#)